



T.I.M.E.

Thyroid Insights & Management Education



TIME

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Overview TIME is an advanced CME program designed to bridge the gap between clinical guidelines and daily practice. As thyroid disorders rise across India, this initiative equips clinicians with evidence-based strategies to improve patient outcomes through expert-led, interactive learning.

Scientific Agenda

- ▶ Thyroid physiology and pathophysiology
- ▶ Diagnostic algorithms and therapeutic strategies for hypo/hyperthyroidism.
- ▶ Management of thyroid nodules and malignancies.

Learning Objectives

By the end of this program, participants will be able to:

- ▶ **Diagnose & Manage:** Apply evidence-based guidelines to common and complex thyroid cases.
- ▶ **Interpret:** Accurately analyze thyroid function tests and imaging.
- ▶ **Optimize:** Refine treatment for special populations and general thyroid dysfunction.
- ▶ **Stratify Risk:** Implement a stepwise approach to nodules and oncology referrals.
- ▶ **Integrate:** Translate updated clinical knowledge into real-world practice.

Join us for a focused academic exchange at the Mayur Retreat to master contemporary thyroid care.

PROGRAM - SATURDAY

HIGHLIGHTS

- ▶ **Fundamentals of Thyroid Function and Disorders**
- ▶ **Diagnostic Insights in Thyroid Disorders**
- ▶ **Hypothyroidism: Diagnosis and Management**
- ▶ **Hyperthyroidism: Diagnosis and Treatment Strategies**
- ▶ **Thyroid Disorders in Special Populations**
- ▶ **Approach to Thyroid Nodules and Multinodular Goiter**
- ▶ **Thyroid Cancer: Diagnosis, Staging, and Management**
- ▶ **Autoimmune Thyroid Disorders**
- ▶ **Emerging Therapies and Future Directions in Thyroid Care**
- ▶ **Practical Case Discussions and Expert Panel**