



# T.I.M.E.

Thyroid Insights & Management Education



# TIME

## Thyroid Insights & Management Education

Overview TIME is an advanced CME program designed to bridge the gap between clinical guidelines and daily practice. As thyroid disorders rise across India, this initiative equips clinicians with evidence-based strategies to improve patient outcomes through expert-led, interactive learning.

### Scientific Agenda

- ▶ Thyroid physiology and pathophysiology
- ▶ Diagnostic algorithms and therapeutic strategies for hypo/hyperthyroidism.
- ▶ Management of thyroid nodules and malignancies.

### Learning Objectives

By the end of this program, participants will be able to:

- ▶ **Diagnose & Manage:** Apply evidence-based guidelines to common and complex thyroid cases.
- ▶ **Interpret:** Accurately analyze thyroid function tests and imaging.
- ▶ **Optimize:** Refine treatment for special populations and general thyroid dysfunction.
- ▶ **Stratify Risk:** Implement a stepwise approach to nodules and oncology referrals.
- ▶ **Integrate:** Translate updated clinical knowledge into real-world practice.

Join us for a focused academic exchange at the Mayur Retreat to master contemporary thyroid care.

# PROGRAM

## HIGHLIGHTS

- ▶ **Fundamentals of Thyroid Function and Disorders**
- ▶ **Diagnostic Insights in Thyroid Disorders**
- ▶ **Hypothyroidism: Diagnosis and Management**
- ▶ **Hyperthyroidism: Diagnosis and Treatment Strategies**
- ▶ **Thyroid Disorders in Special Populations**
- ▶ **Approach to Thyroid Nodules and Multinodular Goiter**
- ▶ **Thyroid Cancer: Diagnosis, Staging, and Management**
- ▶ **Autoimmune Thyroid Disorders**
- ▶ **Emerging Therapies and Future Directions in Thyroid Care**
- ▶ **Practical Case Discussions and Expert Panel**